

Mental Health Counseling Services External Referrals

Bronx

Einstein Community Health Outreach (ECHO) Clinic

Address: 1894 Walton Avenue

Bronx, NY 10453

Phone: 718-583-3060

Website: www.einstein.yu.edu

Services: Individual therapy.

Languages: English, Spanish, other languages offered through interpretation line

Fee Information: Sliding scale, \$35 minimum per session.

Institute for Family Health: Center for Counseling

Address: 2590 Frisby Avenue – 1st Floor

Bronx, NY 10461

Phone: 718-239-1610

Website: www.institute2000.org

Services Provided: Individual therapy.

Languages: English, Spanish, other languages offered through interpretation line

Fee Information: Low cost

North Central Bronx Hospital: Behavioral Health Services

Address: 3424 Kossuth Avenue, 4th Floor, 4B-01

Bronx, NY

Phone: 718-519-3440

Website: www.nyc.gov

Services Provided: Individual and group therapy; Insurance enrollment

Languages: English, Spanish, other languages

Fee Information: Low cost. Sliding scale, \$20 minimum without insurance. Accepts most insurance;

Brooklyn

Interborough Developmental and Consultation Center

Website: <http://www.interborough.org/>

- **Flatbush: 1623 Kings Highway, Brooklyn, NY 11229**
Phone: 718-375-1200
- **Crown Heights: 921 East New York Ave, Brooklyn, NY 11203**
Phone: 718-778-0485
- **Williamsburg:**
819 Grand Street, Brooklyn, NY 11211

Phone: 718-388-5176

Languages: Russian, Spanish

Fee Information: Sliding Scale. Accepts 1199, Aetna, Affinity, Americhoice, Amerigroup, Center Care, Empire Blue Cross/Blue Shield, Empire Plan, Fidelis, GHI, Health Plus, HealthFirst, HIP, Magnacare, Neighborhood Health, Metroplus, Oxford, Wellcare, Multiplan, Medicaid

Community Counseling and Mediation (CCM) Brooklyn

Address: 25 Elm Place, 2nd Floor

Brooklyn, NY 11201

Phone: 718-802-0666

Website: ccmnyc.org

Services Provided: Individual therapy.

Languages: English, Spanish, others upon request

Fee Information: Sliding scale, \$35 minimum per session without insurance. Accepts: Medicaid and Medicare.

Manhattan

Blanton Peale

Address: 8 West 30th Street, 2nd Fl.

New York, NY 10001

Phone: 212-725-7850

Website: <http://blantonpeale.org/>

Services: Comprehensive Mental Health Services

Fee Information: Sliding Scale. Accepts: Aetna, Affinity, Americhoice, Amerigroup, Careplus, Cigna PPO, Elderplan, Emblem Empire Plan, Empire Blue Cross/Blue Shield, Fidelis, Guardian, HealthFirst, Health Plus, Health Net, Health Integrated, Medicaid, Metroplus, Multiplan, GHI, Neighborhood Health, United Healthcare, UBH, Tricare/Unicare, Value Options, Vida, Student Plans: Student Resources and Gallagher Hoster

Adolescent Health Center at Mount Sinai

Address: 312-320 East 94th Street

New York, NY 10128

Phone: 212-423-3000

Website: <http://www.mountsinai.org/patient-care/service-areas/adolescent-health-center/services/counseling-and-mental-health>

Services Provided: Comprehensive Medical Services. Ages 10-22

Fee Information: Free (if not insured)

Community Counseling and Mediation (CCM)

Address: 115 West 31 Street, 5th Floor

New York, NY 10001

Phone: (212) 564-6006

Website: ccmnyc.org

Services Provided: Individual therapy.

Languages: English, Spanish, Others

Fee Information: Sliding scale, \$35 minimum per session. Accepts: Medicaid and Medicare.

Family Health Center of Harlem**Address:** 1824 Madison Ave (at 119th Street)

New York, NY 10035

Phone: 212-423-4200**Website:** www.institute2000.org**Services Provided:** Individual therapy.**Languages:** English, Spanish, Bangladeshi**Fee Information: Sliding scale:** \$30 minimum for intake. Accepts: EasyChoice, Emblem, Empire Blue Cross/Blue Shield, HealthFirst, 1199, Aetna, Cigna, Amerigroup, MagnaCare, Medicaid, Metroplus, Multiplan, Oxford, United Health Care.**Sanctuary for Families****Address:** New York, NY (Multiple locations)**Phone:** 212-349 - 6009 EXT. 221**Website:** www.sanctuaryforfamilies.org**Services Provided:** Individual and group therapy, legal assistance including health insurance enrollment.**Languages:** English, Spanish, French, Urdu, Mandarin and Cantonese**Fee Information:** All services free.**QUEENS****Asian Outreach Center****Address:** 81-14 Queens Boulevard

Elmhurst, NY 11373

Phone: 718-889-9699**Website:** www.childcenterny.org**Services Provided:** Counseling**Languages:** Bengali, Cantonese, Mandarin, Punjabi, English, Gujarati, Hindi, Korean, Marathi, Spanish, Urdu**Fee Information:** Low cost. Sliding scale, \$25 minimum per session.**Bleuler Psychotherapy Center****Address:** 104-70 Queens Blvd. Forest Hills, NY 11375**Phone:** 718-275-6010**Website:** <http://www.bleulerpsychotherapycenter.org/>**Languages:** Spanish, Russian, Farsi, Hebrew, French & Italian**Fee Information:** Sliding Scale. Accepts: Medicaid, GHI, HealthFirst, Fidelis, MHN, HIP, Health Plus, Value Options, Beacon, Metroplus, Various Union Insurances, Empire, Affinity

